

Make A Difference Travel Packing List

The basics

- | | |
|--|--|
| <input type="checkbox"/> Cargo bag/suitcase | <input type="checkbox"/> Credit and telephone cards |
| <input type="checkbox"/> Shoulder bag/daypack | <input type="checkbox"/> Health insurance card |
| <input type="checkbox"/> Luggage ID tags | <input type="checkbox"/> Emergency contact information |
| <input type="checkbox"/> Passport and Visa | <input type="checkbox"/> Money belt |
| <input type="checkbox"/> Wallet and cash | <input type="checkbox"/> Important Phone Numbers |
| <input type="checkbox"/> Traveler's checks and/or ATM card | <input type="checkbox"/> Airline Tickets |

Personal

- | | |
|--|--|
| <input type="checkbox"/> Soap and container | <input type="checkbox"/> Saline solution |
| <input type="checkbox"/> Tissue | <input type="checkbox"/> Extra glasses/contacts and prescription |
| <input type="checkbox"/> Medicines and prescriptions (Malaria pills) | <input type="checkbox"/> Sunglasses |
| <input type="checkbox"/> Vitamins | <input type="checkbox"/> Cotton Swabs |
| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Small Medicine Kit |
| <input type="checkbox"/> Comb and brush | <input type="checkbox"/> Women - Feminine Hygiene Products |
| <input type="checkbox"/> Toothbrush, toothpaste, and floss | <input type="checkbox"/> Razor and blades |
| <input type="checkbox"/> Lip balm and sun screen | <input type="checkbox"/> Shaving cream |
| <input type="checkbox"/> Towel and washcloth | <input type="checkbox"/> Lotion and/or aftershave (men) |
| <input type="checkbox"/> Premoistened towelettes | <input type="checkbox"/> Deodorant |
| <input type="checkbox"/> Earplugs | <input type="checkbox"/> _____ |

Clothing

- | | |
|---|--|
| <input type="checkbox"/> Rain gear or seasonal coat | <input type="checkbox"/> Pajamas |
| <input type="checkbox"/> Comfortable walking shoes | <input type="checkbox"/> Socks |
| <input type="checkbox"/> Dress shoes | <input type="checkbox"/> Swimsuit (for excursions) |
| <input type="checkbox"/> Sandals/Flip Flops | For women |
| <input type="checkbox"/> Sweater for night time | <input type="checkbox"/> Dress |
| <input type="checkbox"/> Seasonal hat | <input type="checkbox"/> Long Skirts |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Stockings |
| <input type="checkbox"/> Blouses | For men |
| <input type="checkbox"/> T-shirts | <input type="checkbox"/> Pair of slacks and a belt |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Nice shirt |
| <input type="checkbox"/> One pair of jeans | <input type="checkbox"/> _____ |

Additional travel gear

- | | |
|--|--------------------------------|
| <input type="checkbox"/> Cell phone w/ SIM Card option | <input type="checkbox"/> Music |
| <input type="checkbox"/> Playing cards | <input type="checkbox"/> Books |
| <input type="checkbox"/> Travel journal | <input type="checkbox"/> _____ |

Items

- | | |
|--|--|
| <input type="checkbox"/> Dried fruit and healthful snacks | <input type="checkbox"/> Blanket for traveling |
| <input type="checkbox"/> Books and magazines | <input type="checkbox"/> Small flashlight |
| <input type="checkbox"/> Camera and film | <input type="checkbox"/> Small alarm clock |
| <input type="checkbox"/> Notebook and pen | <input type="checkbox"/> Binoculars for those who wish to go on safari |
| <input type="checkbox"/> Voltage adapter and plug adapters | <input type="checkbox"/> _____ |
| <input type="checkbox"/> Batteries | |